



Carson Middle School **ACTIVITIES CATALOG**

Eighth Grade Middle School Memories Begin Here

Table of Contents

[Art Crew](#)

[Band](#)

[Books and Brushes](#)

[Book-to-Movie Club](#)

[Carson Chorale](#)

[Carson Culture Club](#)

[Carson Mural Squad](#)

[Chamber Orchestra](#)

[Chess Club](#)

[Chorus – 8th Grade](#)

[CMS Birthday Club](#)

[CMS Cheerleading](#)

[CMS Service Club](#)

[Counseling Office Aides](#)

[Crochet Club](#)

[Deutschverein! German Club](#)

[Dungeons and Dragons Club](#)

[Fantasy Football](#)

[FCS Club](#)

[Fencing Club](#)

[GOLD Girls Only Leadership Development](#)

[Interscholastic Baseball](#)

[Interscholastic Boys Basketball](#)

[Interscholastic Girls Basketball](#)

[Interscholastic Cross Country](#)

[Interscholastic Girls Field Hockey](#)

[Interscholastic Football](#)

[Interscholastic Ice Hockey](#)

[Interscholastic Boys Soccer](#)

[Interscholastic Girls Soccer](#)

[Interscholastic Softball](#)

[Interscholastic Track and Field](#)

[Interscholastic Boys Volleyball](#)

[Interscholastic Girls Volleyball](#)

[Interscholastic Wrestling](#)

[Intramural Basketball](#)

[Intramural Golf](#)

[Jazz Band](#)

[Melty Bead Society](#)

[Morning Announcers](#)

[Mountain Bike Club](#)

[National Academic League](#)

[Newspaper](#)

[Old School Games](#)

[Orchestra](#)

[Recess!](#)

[Science Bowl](#)

[Speech and Debate](#)

[Spelling Bee](#)

[Stage Production Crew](#)

[Student Council](#)

[Talent Show](#)

[Technology Student Association](#)

[TigerFit Club](#)

[Tiger Shop](#)

[TV Production Studio](#)

[Walkaholics](#)

[Yearbook](#)

Art Crew

CMS Art Crew members assist the art teachers with jobs in the art studios and art-related jobs around CMS. Duties may include installing hallway art displays, distributing artwork back to students in homerooms, organizing the supply closet, and helping with other jobs in the art studios. See the [Art Crew Website](#) for more information.

Grades: 6, 7, and 8

When: Meetings will occur by grade level. Each grade level will meet 2-3 times per month during activity period from September through May.

Where: Studios 140 & 136

Cost: none

Sponsor: [Mrs. Birdsey](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Band

Band is not just a program, but an exciting class that focuses on performance skills on various band instruments from the Woodwind, Brass, and Percussion instrument families. Emphasis is placed on the development of fundamental skills including posture, breathing, embouchure, fingerings, rhythm counting, music reading, tone, and critical listening. Students get to show off their skills through required in-school and evening concerts throughout the year. For additional information see Miss Geary's [webpage](#).

Grades: 6, 7, and 8

When: during class, select activity periods, afterschool rehearsals, and evening performances

Where: band room and auditorium stage

Cost: Students must have their own instrument and the instrumental supplies listed in the band handbook which can include reeds, valve oil, cleaning supplies, etc.

Sponsor: [Miss Geary](#)



Books and Brushes

Do you enjoy reading? Do you enjoy drawing, sketching, or painting? If so, Books & Brushes might be the club for you! Miss Dapper created a club that combines your love of reading and creativity! You will be given a canvas to paint the cover of your favorite book!

Grades: 6, 7, and 8

When: weekly during one activity per week; new groups begin each grading period

Where: room 152

Cost: none

Sponsor: [Miss Dapper](#)

Interested? Please complete this [Google Form](#) to join.

[Table of Contents](#)



Book-to-Movie Club

Every nine weeks, students will read and discuss a book **and** watch the film version, providing students with the opportunity to compare and contrast both formats of entertainment and determine if the transition from book to film was successful. Book discussions and movie viewings will be held during Activity Periods in the library. Movies will be rated PG or G. There will be a limit of 20 students per quarter.

Grades: Any student is eligible; limit of 20 students per quarter.

When: One movie/book discussion per nine weeks; held in the library during activity periods.

Where: Library

Cost: none

Sponsor: [Ms. McNeill](#), Librarian

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Carson Chorale

The Carson Chorale is a select ensemble comprised of 8th grade music students. It provides an extracurricular opportunity for male and female singers who strive for a more intense and thorough choral experience. This auditioned group performs at extra school, district, and community events throughout the year.

Grade: 8th grade girls and boys in chorus, band, or orchestra

When: 7:00-8:00am on Tuesday mornings with additional rehearsals as needed

Where: room 162

Cost: none

Sponsor: [Ms. Bragiel](#)

[Table of Contents](#)



Carson Culture Club

This club is open to all 7th and 8th graders. We will meet once a month during activity periods. We will promote and celebrate inclusion of all cultures by playing games, listening to guest speakers, doing crafts and working with elementary students who are new to the U.S.A.!

Grades: 7 and 8

When: once a month during select activity periods beginning in February

Where: room 142

Cost: none

Sponsor: [Mrs. Gaus](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Carson Mural Squad

Love painting? Want to paint ON THE SCHOOL?! Then this mural painting club is for you! In our first few sessions, get inspired by some amazing murals online while "brushing" up on your painting skills in Studio 140. Then we'll work together to design our own Carson Mural Squad logo! Finally, together we will design and paint a mural at CMS! Club members will decide on the mural design and location! Leave your mark at NA! See the [Carson Mural Squad Website](#) for more information.

Grades: 6, 7, and 8

When: Meetings will be held after school and run from January through May. Additional mural painting sessions may be held, as needed, during Activity Periods in the springtime. These will be optional and open to other students at CMS as well. Carson Mural Squad club members can act as leaders at these extra meetings!

Where: Studio 140

Cost: none

Sponsor: [Mrs. Birdsey](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Chamber Orchestra

The best string players at Carson come together for Chamber Orchestra to play AWESOME music! Chamber Orchestra is a select group of auditioned students currently participating in string orchestra. Chamber orchestra provides an opportunity for string players to perform more challenging repertoire from a variety of time periods.

Grades: 6, 7 and 8 grade students in string orchestra

When: To Be Determined

Where: room 159

Cost: none

Sponsor: [Mr. Goodrich](#)

[Table of Contents](#)



CHESS CLUB

Do you love chess? Have you never tried it but would like to? If you answered "yes" to either question, come join us in the GOAL Office (by the auditorium) during activity periods.

Grades: 6, 7, and 8

When: during activity periods each week

Where: room 158

Cost: none

Sponsor: [Mrs. Morris](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Chorus - 8th Grade

The main objective of 8th grade chorus is to develop healthy vocal technique and provide each student a positive and successful choral experience. Through the use of the national and state standards for music education, each student will be given a comprehensive choral education in eighth grade that will prepare them for further musical study at the high school level.

Grade: students in 8th grade

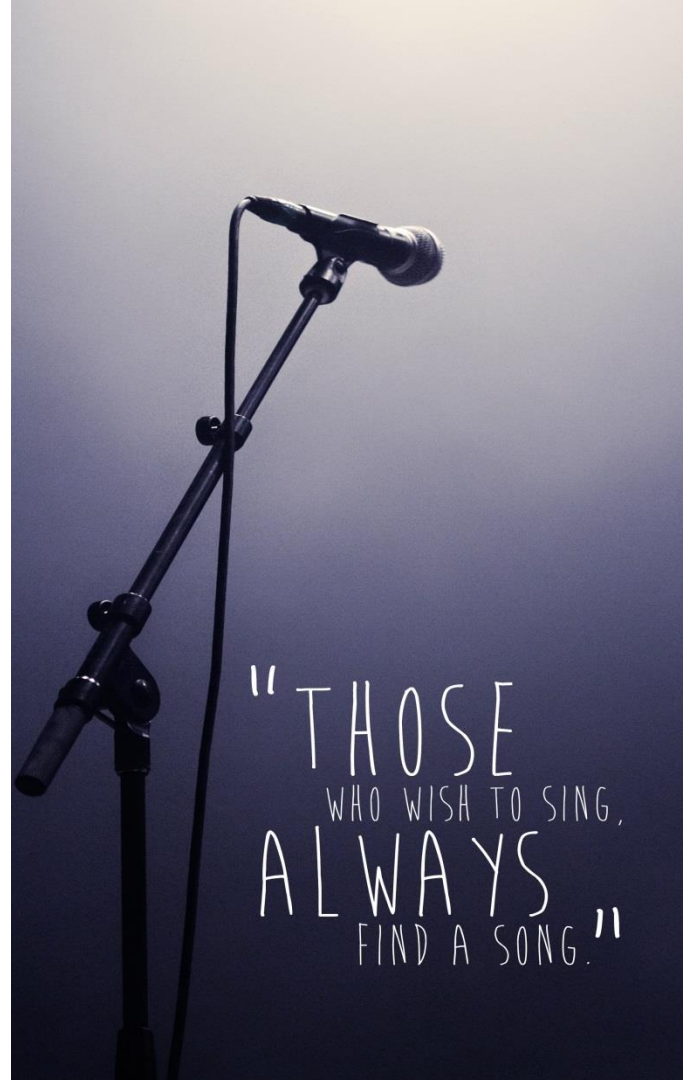
When: during class, select activity periods, and evening performances

Where: room 162

Cost: none

Sponsor: [Ms. Bragiel](#)

[Table of Contents](#)



CMS Birthday Club

Grades: 6, 7, and 8

When: every other Friday during Activity Period

Where: CMS Main Office

Cost: none

Sponsors: [Ms. Krivak](#) and Mrs. Var

Interested? If you are interested in this activity, [click here](#)

Table

THIS PAGE IS

UNDER CONSTRUCTION



CMS Cheerleading

HERE WE GO! BLACK & GOLD! Let's Go TIGERS!
Cheerleaders cheer at every home CMS football game as well as girls and boys home basketball games. We perform dances, cheers, and chants to promote crowd participation at games. Cheerleaders are great role models for school spirit!

Grades: 7 and 8

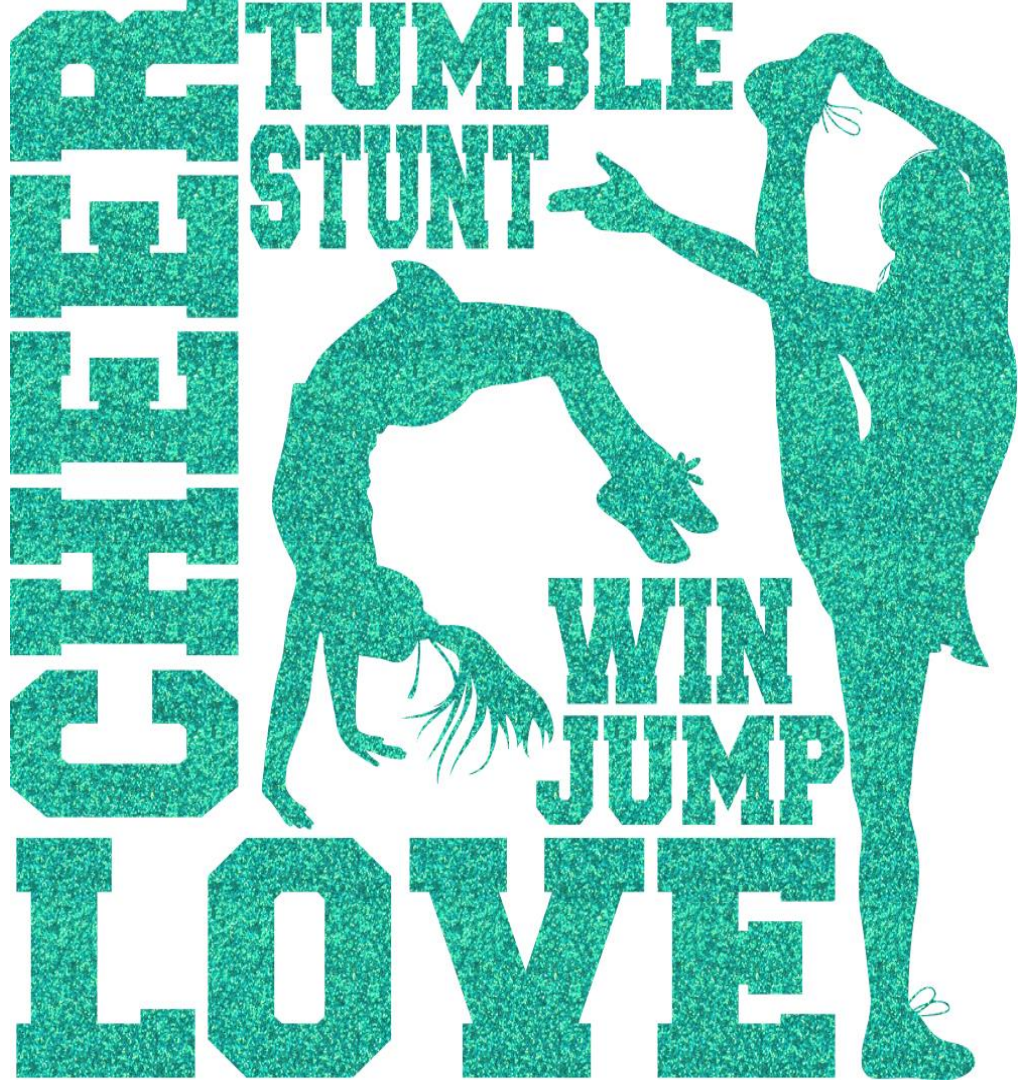
When: practice once a week and attend games on average 1-2 times a week; season starts in mid August. Tryouts in April/May.

Where: CMS gymnasium; various game venues

Cost: \$75 participation fee; additional costs for booster fees, camp, uniform, bow, tumbling - approximately \$360 for the year; For additional information about activity fees visit the Participation Fee [website](#).

Sponsor: [Miss Otteni](#)

[Table of Contents](#)



CMS Service Club

Research shows that giving back to your community is good for your health. If you are looking for a way to volunteer your time and to help others, then the CMS Service Club is for you. As a member of the Service Club, you will participate in community service activities. Students will be in charge of organizing, promoting, and managing either a fundraiser, event, and/donations. The activities will be student directed with support from your CMS staff sponsors (Mrs. Salpietro and Mrs. Wilkinson). Possible service club activities can include, but not limited to: AHA Dance Your Heart Out, Foster Love Project, planting trees/clean-up at a local park. Meetings will take place once a month during activity period with a monthly after-school meeting. Stay tuned for an informational meeting via AM announcements or complete the included Google form. Thank you for making our community a better place.

Grades: 6, 7, and 8

When: once a month (or more) during activity periods and once a month after school - typically the 3rd Tuesday of the month

Where: room 233

Cost: none

Sponsors: [Mrs. Salpietro](#) and [Mrs. Wilkinson](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



COUNSELING OFFICE AIDES

The School Counseling Office Aide will assist the Counseling staff with a variety of office tasks and special projects that change throughout the year. Aides will stop by the office every morning to deliver hall passes during homeroom. They will also design and install the office bulletin board several times during the year.

Grades: 6, 7, and 8

When: during morning homeroom and occasionally during activity period

Where: Counseling Office

Cost: none

Sponsor: [Mrs. Frye](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Guidance Office →

Crochet Club

Do you love making crafts?! Imagine turning one strand of thread into a hat, scarf, ornament, etc! The possibilities are endless! Join Señora Metzger during activity period to start your crocheting journey!

Grades: 6, 7, and 8

When: one activity per week from September through December

Where: room 142

Cost: \$10 For crochet hooks and yarn

Sponsor: [Señora Metzger](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Deutschverein! (German Club)

Want to learn more about German culture while playing games, crafting and socializing? If the answer is JA, then German club is the place for you to experience some Gemütlichkeit. This club meets once a month during activity period and is open to all sixth, seventh, and eighth graders. At each meeting, students will learn a little bit (ein bisschen) about German culture, ein bisschen of German language, and complete a craft or play a game.

Grades: 6, 7, and 8 (Must be studying German in 7th or 8th.)

When: once a month during activity period

Where: room 126

Cost: none

Sponsor: [Frau Kroenke](#)

Interested? If you are interested in participating in this activity, fill out [this form](#).

[Table of Contents](#)



Dungeons and Dragons Club

Welcome adventurers! D&D Club is a place for anyone who enjoys tabletop role playing games to meet, game, and geek out together. If you like swords, wizards, monsters, and zombies this is your club. All experience levels are welcome, from seasoned veterans to first-time gamers. Come and join a campaign or if being a Dungeon Master is more your thing, you can run your own. Bring your guides, books, campaigns, and don't forget your dice!

Grades: 6, 7, and 8

When: every other Wednesday beginning 9/29 after school from dismissal to 4:15

Where: room 235

Cost: none

Sponsor: [Mr. Zunski](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



FANTASY FOOTBALL

The Carson Middle School Fantasy Football Club will meet weekly during the first semester of the 2021-2022 school. Meetings will occur on Friday to discuss the previous night's football game, and to discuss fantasy football strategy for the upcoming weekend. All ability and knowledge levels are welcome to attend. The first few meetings of the year will be an introduction to fantasy football basics. As the year progresses, we will spend each week helping each other optimize fantasy football line-ups and discuss waiver adds, drops, start/sit questions, and player rankings to help you win your league!

Grades: 6th grade to begin; possibly expanding into 7th and 8th grades at a later time

When: one activity period per week during football season

Where:

Cost: none

Sponsors: Dr. McGahee and Mr. Petro

Interested? If you are interested in joining the CMS Fantasy Football Club, please complete the following form: [CMS](#)

[Fantasy Football Club Sign-Up](#)

[Table of Contents](#)



Fencing Club

NA Fencing Club provides students the opportunity to build stamina, strength, and coordination while developing strategic thinking and academic discipline. For additional information click [NA Fencing](#).

Grades: 6, 7, and 8

When: Classes and practice are held every Friday from 3:30 p.m. to 5:00 p.m. for middle school students.

Where: NAI Cafeteria

Cost: \$50 per month covers coaching and use of equipment.

Contact: NAFencing@gmail.com

Sign-up: [sign-up form](#)

[Table of Contents](#)



FCS Club

The Food, Craft, and Sewing club allows students opportunities to explore FCS concepts during activity periods. Past projects have included creating no sew blankets, cookie decorating, beaded key-chains, and many, many more!! Space is limited - only the first 20 sixth grade, 10 seventh grader, and 10 eighth grader students to sign up will be able to participate due to safety concerns and space restrictions.

Grades: 6, 7, and 8

When: 6th grade during activity period on Wednesday/ 7th and 8th grade during activity period on Tuesday

Where: room 151 or 153

Cost: \$10 participation fee covers basic expenses (ex. thread). Additional fees or supplies might include fabric or other craft supplies necessary for a particular project.

Sponsors: [Mrs. Banks](#) and [Mrs. Penberthy](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



GOLD - Girls Only

Leadership Development

G.O.L.D. is an annual event in the North Allegheny School District that is offered exclusively to 8th grade girls. G.O.L.D. stands for **Girls Only Leadership Development** program. The program is designed to help girls gain the leadership skills needed to succeed in high school and beyond. High school facilitators lead the evening and aid in preparing the 8th grade girls for a more seamless transition to high school. It is a wonderful chance for 8th grade girls to meet new friends from all three of the middle schools!

Grade: 8th grade female students

When: to be announced

Where: to be announced

Cost: to be announced

Sponsor: to be announced

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



INTERSCHOLASTIC BASEBALL

This spring sport is part of the W.P.I.A.L. with a twenty-game schedule. There are tryouts in March, and we play other schools throughout the spring. We coach and teach the fundamentals of the game.

Grades: 7 and 8

When: The season goes from March to the middle of May. There are OPTIONAL workouts prior to the beginning of the season. The team practices every day after school during the season unless there is a game.

Where: Check the Baseball [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Baseball [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Boys Basketball

Boy's basketball is an interscholastic athletic program with competition between other middle schools in the WPIAL during the winter months. The fundamentals necessary for playing at the varsity level are taught, with emphasis on teamwork and developing a winning attitude. The team plays a twenty-four-game schedule and also enters several tournaments.

Grades: 7 and 8

When: primarily in the CMS gym; The season goes from mid November to mid February. The team practices everyday after school during the season and most Saturdays.

Where: Check the Boys Basketball [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Boys Basketball [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



INTERSCHOLASTIC GIRLS BASKETBALL

Girl's basketball is an interscholastic athletic program with competition between other middle schools in the WPIAL during the winter months. CMS has 7th and 8th grade teams. Girls receive instruction in basketball fundamentals and game situations. There will be approximately 20 games played each season. Girls' basketball is a wonderful opportunity to develop a good work ethic while being part of a team.

Grades: 7 and 8

When: November through February

Where: primarily in the CMS gym; Check the Girls Basketball [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Girls Basketball [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Cross Country

Cross country at the middle school level is a sport in which athletes compete in a race over a course that can range from 1.5 to 2 miles. Boys and girls compete separately. Everyone who participates in practice participates in the meets. Throughout the year we typically run in 7-9 dual meets and 3 invitational meets with sometimes up to 35 teams. North Allegheny runs all three middle schools together as one. We have a tradition of excellence in this sport that is exceeded by no other, and we welcome anyone interested to join us and give it a shot.

Grades: 7 and 8

When: Generally, the 2nd week of August to the 2nd week of October. Practice Monday through Friday.

Where: Check the Cross Country [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Cross Country [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Girls Field Hockey

This is a fast-paced sport with competition between other schools. Students from Carson, Ingomar, and Marshall Middle Schools form one team. The participants are taught the fundamentals of field hockey. Students will practice and compete against other teams in the area.

Grades: 7 and 8

When: Mid August through end of October

Where: Check the Girls Field Hockey [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Girls Field Hockey [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Football

Football is an interscholastic program with competition between other middle schools in the WPIAL. Participants learn about the various positions and responsibilities along with the fundamentals of the game and game strategies.

Grades: 7 and 8

When: Practice begins a week before school starts and continues until the end of October.

Where: Check the Football [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Football [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Ice Hockey

This is an energetic fast paced sport with competition between other schools. Students from Carson, Ingomar, and Marshall Middle Schools form one team. The participants are taught the fundamentals of ice hockey.

Grades: 7 and 8

When: winter months

Where: Check the Ice Hockey [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Interscholastic Ice Hockey [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



INTERSCHOLASTIC BOYS SOCCER

Students from Carson, Ingomar, and Marshall are selected to participate on one of two interscholastic teams. The two teams play against other middle school teams in the WPIAL. The participants are taught the fundamentals of soccer.

Grades: 7 and 8

When: mid August through October

Where: Check the Ice Hockey [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Interscholastic Ice Hockey [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Girls Soccer

There are two middle school teams, one for each grade: a 7th grade team and an 8th grade team. The teams are comprised of girls from all three middle schools: CMS, IMS, and MMS. The girls play roughly 20 games a season against schools within area. The home field, where both practices and home games are held, is located at MMS.

Grades: A student must try out in the fall and would have to be in the 7th or 8th grade at the start of the school year.

When: End of August through End of October

Where: Check the Girls Soccer [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; Once a player makes the team there will be booster association fees involved. For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Girls Soccer [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Softball

Slow-pitch softball is a fall sport that provides students the opportunity to represent their school while competing against other Western Pennsylvania school districts. Academics, hard work, teamwork, and determination are areas of emphasis as these young ladies participate in what is truly a life-long activity.

Grades: 7 and 8

When: August through October

Where: Check the Softball [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check Softball [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Track and Field

Students as a member of a team, individually and collectively compete in up to 3 of the following areas: Sprinting and distance running (100 meters, 200, 400, 800, 1600), Relays (4x100, 4x400, 4x800), Throwing Shot or Discus, Pole vaulting, (100 and 110) Hurdling, and Long, Triple or High Jumps. All technique areas will be taught and practiced. Students will participate in both dual meets and invitationals. Team competition includes six to seven dual meets and three invitationals against other middle schools. No experience necessary. Visit the Interscholastic Track and Field [website](#) for more information.

Grades: 7 and 8

When: Spring (March-May) after school 3:15-5:15 practices, longer for meets.

Where: NAI track; Check the Interscholastic Track and Field [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Interscholastic Track and Field [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Boys Volleyball

Boys can tryout and participate in a volleyball program that has as its objective to teach basic volleyball skills and to develop the team concept. This team plays against other middle school teams in the WPIAL.

Grades: 7 and 8

When: The season goes from early March to mid-May. The team practices everyday after school at NASH during the season.

Where: NASH gym; Check the Interscholastic Boys Volleyball [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Interscholastic Boys Volleyball [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Girls Volleyball

The Carson girls are paired up within the district with the 9th grade girls volleyball players to form the Gold teams which compete against other 7th, 8th, and 9th grade teams in the area. The girl's volleyball program teaches basic volleyball skills and develops the team concept.

Grades: 7 and 8

When: The tryouts for girl's spring volleyball are conducted in early February and the season ends in mid-April. The team practices or competes after school every day with an occasional Saturday practice or tournament. Practices and matches take place at the Intermediate School (the girls walk between buildings).

Where: Check the Interscholastic Girls Volleyball [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season and \$10 towards the purchase of a jersey which the players keep; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Interscholastic Girls Volleyball [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Interscholastic Wrestling

The students compete against other schools in the WPIAL in 18 individual weight classes on a weekly basis and in weekend tournaments. The sport tests a student's overall strength, quickness, and endurance. There are no try-outs in order to make the team.

Grades: 7 and 8

When: The season goes from mid November to mid February with practices every night from 3:15-5:30

Where: NAI gym; Check the Interscholastic Wrestling [website](#) or the Athletic Director's [website](#) for additional information.

Cost: \$75 participation fee per season; For additional information about activity fees visit the Participation Fee [website](#).

Athletic Participation Requirements: Participants must meet PIAA student athlete academic eligibility. Athletes must also have a physical, complete a waiver form and Impact Concussion Testing. The forms, deadlines and schedules for Impact Concussion Testing for each season can be found [here](#) or by contacting the N.A. Athletic Directors office at 724-934-7238.

Coach: Contact the Athletic Directors office at 724-934-7238 or check the Interscholastic Wrestling [website](#) or the Athletic Director's [website](#) for additional information.

[Table of Contents](#)



Intramural Basketball

Get ready to play some hoops! If you enjoy playing basketball for fun or have always wanted to give basketball a try, sign up to play after school basketball games with your homeroom.

Grades: 6, 7, and 8

When: October to November on select days from 3:00-4:30. Join us for tournament style play that changes daily. Exact times will vary depending on CMS basketball team practice and game schedules.

Where: CMS gym

Cost: \$25 Intramural participation fee. For additional information about activity fees visit the Participation Fee [website](#).

Sponsor: [Mr. McCusker](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Intramural Golf

Students will learn the basics for playing the sport of golf. Mr. Niven teaches the proper grip, stance, and swing at the nearby Pennsylvania Golf Academy.

Grades: 6, 7, and 8

When: after school hours from April through mid May

Where: room 211

Cost: \$25 Intramural participation fee. For additional information about activity fees visit the Participation Fee [website](#). There will be an additional fee to cover the cost of golf balls and range time.

Sponsor: [Mr. Niven](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Jazz Band

Do you play a band instrument or guitar, piano, or bass? If you do, you may audition in the fall to be part of the Carson Middle School Jazz Band! Members of the Jazz Band will rehearse and perform music that pertains to the jazz style of music. There are approximately 4-6 performances annually. Rehearsal and concert attendance is mandatory. Independent practice outside of school rehearsals is a must. Auditions will occur in late September or early October

Grades: 6, 7, and 8

When: October through June; Friday mornings before school from 7:00-8:00 am; Additional after school rehearsals are held Mondays immediately after school approximately three times a year and will be announced near the beginning of the year.

Where: band room

Cost: Students must have their own instrument and pay the \$25 NASD Activity Fee. For additional information about activity fees visit the Participation Fee [website](#).

Sponsor: [Miss Geary](#)

[Table of Contents](#)



Melty Bead Society

Do you love designing melty bead creations? Are you a fan of pixel-based art? If so, you should consider joining the Carson Melty Bead Society! We meet after school on select Tuesdays in the Spring to work on individual and group melty bead projects. Join us!

Grades: 6, 7, and 8

When: starting in the spring

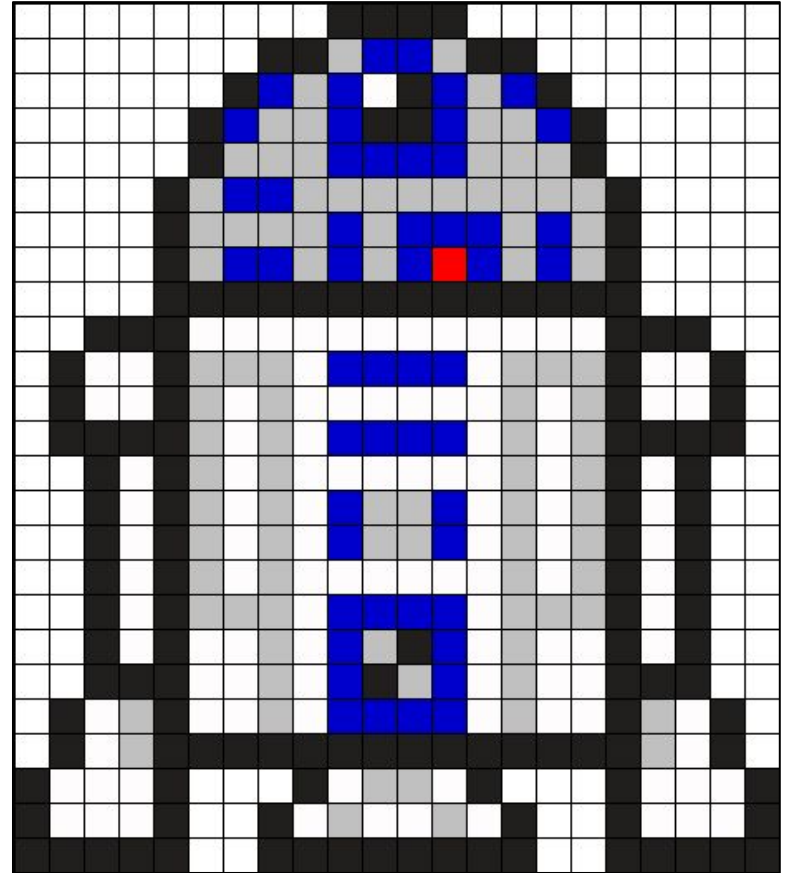
Where: Art Studio 136 @ CMS

Cost: \$10 participation fee. The fee will be used to purchase unique perler bead colors and extra templates for the students to make larger bead creations.

Sponsor: [Mr. Medwick](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Morning Announcers

For any energetic students who like to talk. Announcers will make announcements every morning with a team of other students. Teams will rotate throughout the year, so that everyone who wants to participate will have a chance to deliver the announcements. To view the morning announcements, visit the CMS Morning Announcements on [Blackboard](#).

Grade: 8

When: during AM homeroom; Students will need to follow the schedule for their specific time.

Where: Counseling office

Cost: none

Sponsor: [Mrs. Gottron](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Mountain Bike Club

Do you love to ride mountain bikes? Have you ever wondered what it takes to ride a mountain bike? In this fun club students will ride mountain bikes during activity periods. Riders will have the opportunity to improve their mountain biking skills and learn more about this lifetime activity.

Grade: 6, 7, and 8

When: September - November

Where: CMS gym

Cost: \$10

Sponsors: [Mr. Krawchyk](#) and [Mr. McCusker](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



National Academic League

Do you like trivia games? NAL is a national recognized team that competes locally against other middle schools. This is a fun, exciting, fast paced team that works together solving word puzzles and other scenarios. Come and join the fun! Check out the [NAL website](#) for additional information.

Grades: 6th, 7th, and 8th grade students who score the minimum on a screening test

When: Monday and Wednesday after school.

Where: room 213

Cost: \$25 Participation Fee; For additional information about activity fees visit the Participation Fee [website](#); Additional \$20 CMS NAL fee that covers transportation and game supplies

Sponsor: [Mrs. Brusoski](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Newspaper

The Carson Chronicles, a student newspaper, reflects the ideas of the students, staff, and community of CMS. The Carson Chronicles gives the opportunity for students to take pictures, interview, and write stories that are found in four editions that are published and distributed to the students of CMS throughout the school year. The electronic version of the paper will be published on the school website for people outside of CMS to read. Visit the Newspaper [website](#) for more information.

Grades: 6, 7, and 8

When: two activity periods per month from mid September through May

Where: room 211

Cost: none

Sponsor: [Mr. Niven](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Old School Games

Calling all Old School gamers! Would you enjoy some time to play games that are NOT electronic? Maybe roll some die or play some cards? If so, this is the club for you! The Old School Gamers club will meet 2 times per month during Activity Period. We will be playing board and card games of your choice-school appropriate of course! We will also have games available- Monopoly, Sorry, Trouble, Catan, Ticket to Ride, Dominos, Scrabble, Clue, cards...Can't wait to see you there!

Grades: 6, 7, and 8

When: two activity period per month from September through May

Where: room 213

Cost: none

Sponsors: [Mrs. Arvay](#), [Mrs. Brusoski](#), [Ms. Kiray](#), and [Mrs. Oates](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Orchestra

Orchestra consists of any student with experience playing a stringed instrument (violin, viola, cello, bass). The orchestra performs literature of varying styles and time periods throughout the school year. Students must practice and prepare literature at home and perform in annual concerts during the school day and outside of school.

Grades: 6, 7, and 8

When: select activity periods

Where: orchestra room

Cost: none

Sponsor: [Mr. Goodrich](#)

[Table of Contents](#)



Recess!

Calling all 7th & 8th graders who miss recess! Once a month during activity, 7th & 8th grade Recess! members will have a chance to kick old school and participate in classic playground games: kickball, four-square, basketball, walking with friends, dodgeball, or soccer. The activities are student driven with teacher supervision. Due to social distancing needs the first 40 students who sign-up on the Google Form will be eligible to attend this amazing activity. Get ready, get set... Get to Recess!

Grades: 7 and 8

When: the first Friday of every month during activity period with special holiday editions and events from October through May

Where: CMS gym and athletic fields

Cost: none

Sponsors: [Mrs. Wilkinson](#) and [Mr. Zunski](#)

Interested? If you are interested in participating in this activity, [click here](#).



[Table of Contents](#)

Science Bowl

A Science & Math knowledge quiz bowl. Students will spend two days a month preparing for the one Saturday in March competition held at CCAC South campus going against teams from the tri-state region.

Grades: 6, 7, and 8

When: two days after school from mid October through mid March

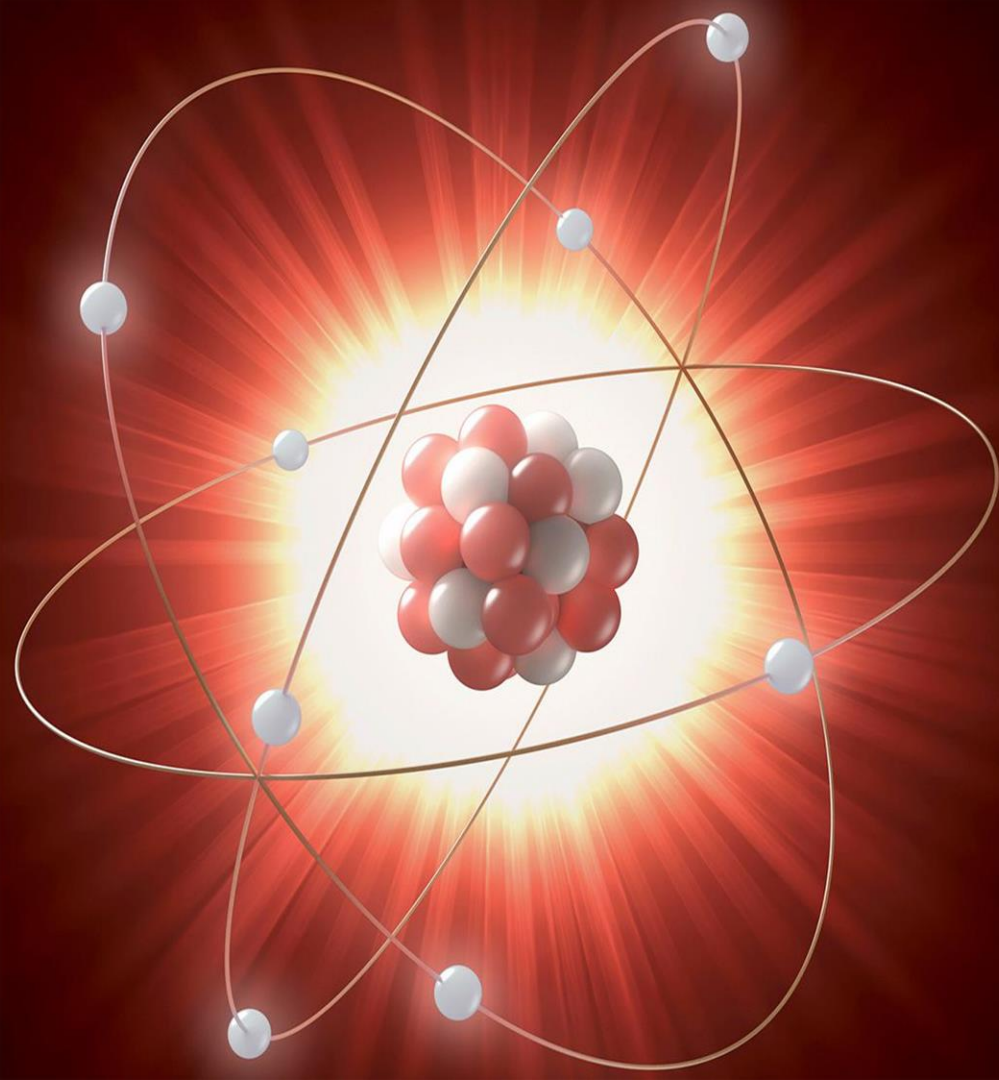
Where: CMS

Cost: none

Sponsor: [Mr. Niven](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Speech and Debate

Do you like to argue? Do you like to talk to an audience? Are making speeches something that's fun? OR Would you like to improve your public speaking skills? Then this is the club for you! Students will gain experience in a chosen method of public speaking while working with experienced high school speech and debate students. Come and learn about the junior edition of the largest club at the high school. Visit the NA Speech and Debate [website](#) for more information.

Grades: 6, 7, and 8

When: select days after school

Where: CMS

Cost: none; Students will have the option to join the National Junior Forensic League for \$10.

Sponsors: [Mrs. Morris](#) and [Mr. Zunski](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Spelling Bee

Any student that is interested in trying out for the school wide spelling bee is allowed. Students will need to sign up in the main office and take a pre-test. Based off the results the students that qualified will participate in a school wide bee in the auditorium.

Grades: 6, 7, and 8

When: A preliminary round will be held in January during activity period for all interested students. Those who qualify will take part in an all-school Spelling Bee in February. The school champion will go on to compete in a regional competition.

Where: Activity Period

Cost: none

Sponsor: [Mrs. Morris](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



STAGE PRODUCTION CREW

Students are trained in all aspects of stage production including sound, lighting, and prop management for the talent show, concerts, and assemblies.

Grades: 6, 7, and 8

When: select days during the school year;
after school in January and February

Where: CMS stage

Cost: none

Sponsor: [Mr. Goodrich](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Student Council

We are the voice of the school! We help plan and fund events that make our school great! We need leaders from all grades.

Grades: 6, 7, and 8

When: one activity period each month

Where: room 152

Cost: none

Sponsors: [Miss Dapper](#) and [Mrs. Miller](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)

SERVICE

with pride

LEAD

with confidence

INSPIRE

to impact lives.

Talent Show

Tryouts and a series of practices lead to an entertaining event filled with the many talents of the CMS students. The talent show features various acts including singers, dancers, musicians, magicians, and more! Talent Show participants perform once in an evening show for parents and once in school for their peers.

Grades: 6, 7, and 8

When: to be determined

Where: auditorium

Cost: \$25 participation fee; Students also provide their own props and costumes. For additional information about activity fees visit the Participation Fee [website](#).

Sponsor: to be determined

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Technology Student Association

Do you love technology? Do you like to create things and work with your friends? If so, TSA is for you! You will have the opportunity to compete against students your age from all over the state in a variety of Tech Ed. related events like, Manufacturing, Robotics, Video Game Design, Graphic Design and Prepared Speech. And that is not it, there is more! Be a part of TSA to develop leadership skills and make new friends. Visit the National TSA [website](#) for additional information.

Grades: 6, 7, and 8

When: select activity periods and some mornings before school

Where: Tech Ed rooms

Cost: TBD at this time. If you choose to compete at the state level, additional fees are required to attend.

Sponsors: [Mr. Niven](#) & [Mr. Trocchio](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



TIGERFIT

Students will meet Friday's during activity periods to complete the "Workout of the Week". Students can also compete in an in-house CrossFit Challenge.

Grades: 6, 7, and 8

When: January through March during activity period on Friday

Where: CMS gym, weight room, and outside of CMS

Cost: none

Sponsor: [Mr. McCusker](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



Tiger Shop

The Tiger Shop is a student run school store. Members are able to select what is purchased for sale, price the items and work at the store in various roles each week. The team identifies a charity they would like to donate the profits to at the end of the year.

Grades: 6, 7, and 8

When: Wednesdays during activity period from October through June

Where: room 125A

Cost: none

Sponsors: [Mrs. Berry](#) and [Mrs. Famoso](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



TV Production Studio

Grades:

When:

Where:

Cost:

Sponsor:

[Table of Contents](#)

THIS PAGE IS
UNDER CONSTRUCTION



WALKAHOLICS

Do you like to walk? Do you like to talk to your friends? Join the Walkaholics! We will walk outside, get fresh air, get our steps in, and chat with friends! Grab your friends and get walking with us!

Grades: 6, 7, and 8

When: one activity period per week from September through May

Where: room 118B

Cost: none

Sponsors: [Mrs. Ewing](#), [Mrs. Garvin](#), [Mrs. Hefner](#), [Miss Kearney](#), and [Mrs. Perry](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)



YEARBOOK

This is a book of memories of your time here at CMS, your best friends, and your favorite teachers! The CMS yearbook has all of that and much more.

Students who volunteer to work on this project take pictures, design, and layout all of the pages in yearbook. Be a part of this fun, memorable project! Yearbook. Weekly meetings starting at 7:30 am will be held for designing. After school time will be need dedicated to taking pictures of groups and sports teams. Visit the Yearbook [website](#) for additional information.

Grades: 6, 7, and 8

When: weekly 7:30 am meetings and after school from mid September through mid April

Where: room 211 and Library Computer Lab

Cost: none

Sponsor: [Mr. Niven](#)

Interested? If you are interested in participating in this activity, [click here](#).

[Table of Contents](#)

